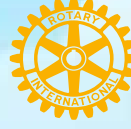


**UNITE  
FOR  
GOOD**

**Rotary**  
Club of Dombivli East



**10**  
**TITEN**

**Vikas**

A NEWSLETTER OF  
**Rotary Club of Dombivli East**

**अथ स्वागतम् !  
शुभ स्वागतम् !!**



President : Rtn. Dr. Sandeep Gharat | Hon. Secretary : Vinayak Agte | Editor : Rtn. Anuj Yadav  
Editorial Board : Rtn. Nikhil Bhat • Rtn. Rithika Kunder • Rtn. Vishal Saruk • Rtn. Joseph Goshi • Rtn. Omraj Rajan

We meet every Wednesday 6.30 pm at Rotary Bhavan, Rotary Children's Park, MIDC, Dombivli (E) - 421 203.  
Website : [www.rotarydombivlieast.org](http://www.rotarydombivlieast.org) • Email : [rotarydombivlieast@gmail.com](mailto:rotarydombivlieast@gmail.com)



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## Francesco Arezzo of Italy selected to be 2025-26

**Rotary International President Francesco Arezzo**, a member of the Rotary Club of Ragusa, Italy, has been selected by the Board of Directors to become Rotary International's president for 2025-26. Arezzo will become president on 1 July.

The Board conducted a special session following the unexpected resignation of RI President-elect Mário César Martins de Camargo on 8 June. Guided by the RI code and policies, the Board selected the new president-elect from a pool of candidates who were considered by the Nominating Committee for President of Rotary International in August 2023. The 2025-26 presidential message, announced at the 2025 Rotary International Assembly in February, will remain Unite for Good, which calls on Rotary members to be a force for unity in a world increasingly divided by politics, geography, and ideology. Through service projects, Rotary brings together people of every background — across races, religions, and professions — in a shared mission to do good in their communities.

Arezzo is an orthodontist in private practice. He is active internationally as a member of the Italian, European, and American orthodontics associations. He is vice president of the National Association of Italian Dentists for the province of Ragusa and was the founder and head for seven years of the delegation for Ragusa of the National Trust for Italy. He is a Knight of Honor and Devotion in Obedience within the Sovereign Order of Malta.

A Rotary member for more than 30 years, Arezzo has served as vice chair of the Joint Strategic Planning Committee and as RI director, learning facilitator, and as district conference presidential representative.

Arezzo is a Benefactor of The Rotary Foundation. He is married to Anna Maria Criscione, an entrepreneur in the tourism field. They have two children.

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# Message

District Governor  
RID 3142 (RY 2025-26)



Dear Rotarians of Rotary Club of Dombivli East  
Greetings and Rotary Namaskar!

It fills me with great pride and happiness to connect with you through this edition of your Club Magazine — a vibrant showcase of your club's dedication, energy and excellence in service. My heartfelt congratulations to Rtn. Anuj Yadav, the Editor, for launching this meaningful initiative. Your efforts in presenting your club's journey through thoughtful design and powerful content are truly appreciated.

As we step into the milestone TiTEN Year — celebrating 10 impactful years of District 3142 — we are guided by the powerful call of our Rotary International President: **"Unite for Good."** Together, let us raise the bar and create a legacy of service and leadership.

This Rotary year, I urge each club to focus on these vital goals:

- 100% TRF Giving: Let us make District 3142 a 100% TRF Giving District by 30th October 2025. Every Rotarian, every contribution, makes a difference.
- Membership Growth: Invite your friends, family, and professional circles to be part of Rotary. More hands, more hearts, more help.
- Impactful Projects: Think big and plan bold. Design initiatives that truly uplift lives and communities.
- Use of Grants: Apply for District and Global Grants — our team is here to assist you in every stage of planning and execution.
- CSR Collaborations: Reach out to corporates and partners — together, we can scale up our projects and deepen our impact.
- Thrust Area Commitment: Make sure to complete at least 4 projects from the 10 District Thrust Areas — targeting key areas where change is most needed.

And remember, Public Image is Public Impact.

## Plan to showcase Rotary.

If you can truly see Rotary, then others will surely see it through you — through your actions, your stories, and your presence in the community. Use the power of PR and PI to highlight your work, celebrate your members, and invite the world to witness what Rotary truly stands for. You are the leaders of this historic TiTEN year. Let your work speak, let your story inspire, and let your legacy echo for years to come.

Wishing the editorial team continued creative success, and to the Rotary Club of Dombivli East — a year of strength, unity, and service that shines brightly.

With warm regards,

**Rtn. Harsh Makol**

District Governor 2025–26

Rotary International District 3142

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# Message

President  
RCDE (RY 2025-26)



## TiTEN vision with RCDE Legacy

It will be a great privilege and Honor to lead our prestigious club in the TiTEN Rotary year, which incidentally is my 25<sup>th</sup> year in our club. TiTEN is acronym for Transparency, Inclusivity, Teamwork, Empowering and Networking. The five values which we wish to follow and integrate in our working style.

My BOD and I are committed to carry forward the vibrant legacy of our club by implementing impactful community projects across all avenues of service. I will encourage my team to infuse fresh ideas and innovative thinking into every initiative we undertake during the year. For me, the true measure of success for any project lies in the content, reach and final impact than anything else. Our important flagship projects like Rotary Garden, Rotary Vishwanath Memorial trust, CSR based medical and school projects etc. will continue with new additions.

We aim to enhance member involvement and participation—not just in community service projects, but also in our regular weekly meetings. The help of our Past Presidents' group, DISHA, and our club trainer will be actively sought, in ensuring our club functions with greater discipline and efficiency. Strengthening membership and thoughtful retention strategies will also be a key focus, drawing from the valuable experiences of the past.

We will implement the sustainability and Environment thoughts in our day-to-day functioning, besides the focused projects in this area. Involving “Partners in Service” in this work is one part of this awareness. We will try to reduce the use of plastics and non-degradable material to the least in our campus, Garden mapping and QR coding of the plants, Butterfly Garden in schools could be some of the initiatives under this.

We wish to try for min 2 Global grant projects and 2 major CSR projects, an industrial Expo, some mega educational projects including a science exhibition. We have set the TRF and membership targets as defined in our club strategy and given by district. The projects defined by District thrust area are also being planned. I will need your hands and dedication in doing these. Your support in achieving all the target is of immense importance and value. I expect to reach out to you from time to time as needed.

I will assure on behalf of my BOD and myself, that we will put all the necessary efforts to maintain the service and innovation reputation of our club in district 3142 and our community. With motivation and support from my TiTEN governor Shri Harsh Makol our club will definitely maintain its top position in Dist. 3142. Let us continue to be on the path shown by our visionary leaders, PPs and current President and try to reach newer height.

First Lady Manjiri joins me in wishing all the Rotarians a very active, useful and fruitful Rotary year full of innovative new projects and excellent fellowship....Lets make it together!!!!

**O God,**

**Bless this gathering of Rotarians  
Bound by purpose, guided by values,  
Dedicated to Service Above Self  
Grant us the strength to serve with integrity....**

**The wisdom to lead with humility,  
The courage to embrace diversity,  
And the heart to nurture fellowship,**

\*\*\*\*\*



**Dr. Tripti Kothari & Dr. Jay Kothari**

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# Message

PDG AKS B. M. Sivarraj



Dear TiTEN President Dr. Sandeep,  
Warm greetings!

*It was truly a proud moment to attend the Installation Ceremony of the largest club in RID 3142 — Rotary Club of Dombivli East. Being my Governor's Club and a Role Model Club of the district, this makes the occasion all the more special.*

*While taking over the leadership of the largest club is a moment of pride, it also comes with the responsibility of nurturing and elevating the club to greater heights.*

*Your plans for mega projects, fundraising activities, membership growth and retention, public relations, leadership development, and member engagement will be the pillars of a truly successful year. In my view, the leadership mantra lies in this journey: Forming a visionary team, Storming through fresh Rotary ideas and brainstorming with your board, Norming decisions through delegation and alignment, Performing with individual responsibility and passion, and finally, Adjourning with pride in a job well done.*

*As the new Rotary year begins, it brings fresh ideas and boundless opportunities. Lead your team with love and care, and Rotary engagement will surely follow — bringing tremendous success. Dare to dream big. Think outside the box.*

*Wishing you a highly successful and deeply satisfying TiTEN year!*

*With warm regards,*

**Mano & Sivarraj**

\*\*\*\*\*

## District 3142

### RCDE MEMBERS IN DISTRICT

• PDG Dr Ulhas Kolhatkar	...	College of Governors
• PP Madhav Chikodi	...	Director, Membership
• PP Radhika Gupta	...	District Chair, DEI
• PP Kastubh Kashelkar	...	Asst. Learning Facilitator
• PP Madhav Baitule	...	Joint Director, Water & Sanitation
• PP Abhay Kulkarni	...	Joint Director, Community & Economic Development
• PP Vikas Sankulkar	...	Joint Director, Environment
• PP Vijay Dumbre	...	Joint Director, Membership
• Rtn. Arun Ashtikar	...	Joint Director, TRF Programs
• Rtn. Anuj Yadav	...	Joint Director, Synergy
• IPP Madhav Singh	...	Dy. Director, TRF - EMG
• Rtn. Dr. Mahesh Patil	...	Dy. Director, Maternal & Child Care
• Rtn. Manas Pingale	...	Dy. Director, Membership
• Rtn. Dr. Bhakti Lote	...	Dy. Director, Membership
• Rtn. Sachin Borate	...	Dy. Director, Literacy
• Rtn. Chakrapani Shukla	...	Service Week Committee Member
• Rtn. Rajkumar Saware	...	Publication Committee

# Editorial...

## Welcoming President Dr. Sandeep D. Gharat — A Mind of Science, A Heart for Service

As we usher in the TiTen year of Rotary Club of Dombivli East, it's my privilege to present the first edition of Vikas Magazine, which will be inaugurated on 2nd July. This edition marks not only the start of a new Rotary year but also the beginning of a vibrant chapter under the thoughtful leadership of our President for RY 2025-26, Dr. Sandeep D. Gharat. With a Ph.D. in Chemical Engineering from the prestigious UDCT (now ICT), mentored by none other than Padma Bhushan Prof. J.B. Joshi, Dr. Gharat's journey spans academic brilliance and industrial innovation. His post-doctoral research in the U.S. and 32+ years in leadership roles—culminating as Vice President & Head of R&D at Godrej Industries—reflect a life built on purpose, precision and quiet impact. Yet beyond the science and industry lies his equally powerful social spirit. Whether as Advisor to Rossari Biotech, examiner for postgraduate students, or former President of Tilaknagar Shikshan Prasarak Mandal, his influence touches both intellect and community. A Rotarian since 2001, he has worn many hats: Director, Editor, Project Chair, MOC—and is now ready to lead us into a year of growth and action. As editor for a second term, I'm excited to introduce a fresh and engaging Vikas Magazine this year, which is more than a club newsletter—it's your monthly dose of connection, learning, and celebration.



Here's what you can look forward to:

- RCDE Fellowships explained clearly so every member can explore what resonates most with them.
- Astrology & its Applications—an engaging segment to blend tradition and self-awareness.
- Quizzes & Crosswords to sharpen cognitive skills.
- Local Historical Stories to revive our pride in Dombivli's roots.
- Medical Articles with Case Studies from expert doctors.
- Rotary Reflections—real stories from new members.
- Business Case Studies inspired by top management thinkers.
- Spotlight Column—to celebrate the achievements of our Rotary family members.
- Rare Food Recipes, Guest Columns by noted writers, and Personal Growth Articles that you can apply in daily life.
- Education System Insights to understand and support reforms.
- Upcoming Projects Calendar so you never miss a chance to participate.
- Plus, an advertisement space at the bottom of every page for our members to promote their businesses and initiatives.
- Let's make this year a symphony of service, knowledge, and joy—just as Dr. Gharat himself embodies.

- Rtn. Anuj Yadav,  
Editor, Vikas Magazine  
(2025-26)

\*\*\*\*\*






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# Rotary Basics

Rotary is a global network of 1.4 million passionate individuals committed to making a lasting difference in their communities and around the world. Founded in 1905, Rotary brings together leaders from diverse professions who share a common goal: "Service Above Self." Through fellowship, ethical leadership, and hands-on service, members work on impactful projects in areas like health, education, environment, and peacebuilding. With over 46,000 clubs in more than 200 countries, Rotary offers countless opportunities to connect, grow, and serve.



## Motto - Service Above Self

**Mission** -The mission of Rotary International is to provide service to others, promote integrity and advance world understanding, goodwill, and peace through its fellowship of business, professional and community leaders.

## The Rotary Four-Way Test

The Four-Way Test is one of Rotary International's most cherished guiding principles. Created in 1932 by Rotarian Herbert J. Taylor and later adopted by Rotary in 1943, it serves as a moral code for personal and professional conduct. Simple yet profound, the test is a cornerstone of Rotary's commitment to integrity, service, and ethical behavior in all aspects of life.

## The Four-Way Test

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

These four questions offer a timeless framework for making ethical decisions and fostering trust, not just in Rotary, but in all walks of life.

## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

This four-part object is the philosophical foundation on which Rotary's mission and values are built.

## Core Values of Rotary

Rotary International is guided by five core values that shape its culture, drive its service, and inspire its members worldwide. These values reflect the spirit of Rotary and serve as the foundation for all its activities:

1. Service
2. Fellowship
3. Diversity
4. Integrity
5. Leadership

## Rotary International's Strategic Plan

Rotary International has adopted a dynamic strategic plan to guide its actions and ensure its continued relevance and impact in a changing world. The plan is centered around Rotary's Vision Statement

### Rotary's Vision Statement

**“Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.”**

Strategic Priorities and Objectives:

1. Increase Our Impact
2. Expand Our Reach
3. Enhance Participant Engagement
4. Increase Our Ability to Adapt (Cross-cutting Priority)

### Rotary's Areas of Focus

Rotary International has identified seven Areas of Focus that reflect the organization's commitment to addressing the world's most pressing humanitarian challenges. These areas guide Rotary clubs and districts in planning and implementing impactful service projects.

1. Peacebuilding and Conflict Prevention
2. Disease Prevention and Treatment
3. Water, Sanitation, and Hygiene (WASH)
4. Maternal and Child Health
5. Basic Education and Literacy
6. Community Economic Development
7. Supporting the Environment (added in 2020)

### Rotary's Avenues of Service

Rotary International's commitment to “Service Above Self” is channeled through five Avenues of Service. These avenues provide the foundation for Rotary club activities and reflect the broad scope of Rotary's mission :

1. Club Service
2. Vocational Service
3. Community Service
4. International Service
5. Youth Service (New Generations Service)

**Compiled by: PP Dr. Madhav Baitule**  
Club Trainer (RY 25-26)

\*\*\*\*\*



**Chakrapanni U Shhukla**  
**9516007666**

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# Personal Growth

## Achieving Personal Growth in the Age of Distractions

In an age of constant distractions, fast-paced life, and relentless digital noise, personal growth might seem a luxury seemingly far-fetched, even for the most privileged sections of society. Yet, it is more achievable than ever; if approached with clarity, structure, and intention. Today's most effective strategies combine classical self-development principles with new behavioral science, especially insights from books like *The Art of Public Speaking* and *Atomic Habits* by James Clear. I gladly base most of the content on the latter, one of my favorites.



Personal growth has primarily been nurtured through traditional institutions: family, schools, religious communities, libraries and mentorship networks. These systems offered structured guidance, moral grounding, and lifelong behavioral models, shaped by discipline, storytelling, conversations, books, and reflection. However, in today's hyper-digital world, these once-reliable institutions are struggling to stay relevant. Young people increasingly look to influencers, algorithms, or AI-driven content for advice, often replacing human wisdom with curated digital noise. Schools focus more on grades than emotional intelligence; families, exposed to excessive digitization, continually grow fractured, and mentorship becomes informal, inconsistent or transactional. In this age of infinite information but limited attention, these older frameworks are no longer sufficient on their own. To foster personal growth today, we need new hybrid systems that combine timeless human values with digital fluency, actionable tools, and rapid feedback loops.

All systems that speak the language of now. Personal growth begins with self-awareness. We should identify habits, values, and goals; set small, achievable targets; and track daily progress. We should replace distractions with purposeful routines. But the most essential aspect we need to understand is that growth isn't instant. Consistency, curiosity, and intentional action are the keys to meaningful, lasting transformation. These three continue to be the most formidable currencies of growth.

Habits are the engine of personal growth, but the right environment has been and continues to be the fuel. Most selling points in the world celebrate motivation as the ultimate solution to achieving growth. While motivation fades, a well-designed space makes good habits easier and longer-lasting. Purposeful routines can only thrive in supportive surroundings. To grow consistently, aligning your environment with your goals is essential because strong habits, nurtured by the right setting, alone can lead to lasting transformation, to the extent that it seems like devotion or magic. Some term it to be love.

James Clear's framework in *Atomic Habits* breaks down the habit loop into four stages: cue, craving, response, and reward. To build a habit, you can make it obvious by setting up a visual cue. I keep dumbbells near my office desk to remind myself to work out. Make it attractive. Pair it with something you enjoy and it works surprisingly well with your favorite playlist. If you have Himesh Reshammiya in there... well, that's another habit worth reconsidering. Next, it's recommended we make it easy by breaking it down. And finally, it's essential that you make it satisfying. Track and celebrate progress. Reward yourself with your favorite food when you succeed. If you find me at Delizio's on Saturdays, be assured the content of this article works; for you and me, both.

We naturally gravitate toward the path of least resistance, so it's important to make good habits easier. There are so many ways now to automate habits with reminders and apps to make them easier to adapt. Attaching a new



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habit to an existing one works wonders.

The concept of compound growth applies to habits as well as it does to money. Even a 1% improvement daily compounds into remarkable change over time. Small choices shape big results. What's immediately rewarded gets repeated. Make your new habits feel good; immediately. It helps make the new habit irresistible.

It's claimed you become like the people you spend time with. Their habits really do rub off. Surround yourself with people who are growing, disciplined, and positive. Join clubs or online groups that match your aspirations and you'll see how things begin to line up, as if the universe is helping you achieve your goals.

Most of us are guilty of making New Year's resolutions around New Year's Eve and finding out how continuing even till the 2nd day of the year seems extremely difficult. January for health and fitness, February for relationships, and so on. 30 might seem manageable in comparison to 365, right? We are bound to fail in these too. I hope we also can remember to be compassionate with ourselves and treat ourselves as we would our best friends when they aren't able to achieve daily goals. Sustainable growth stems from passion and love.

**"Success is the product of daily habits. Not once-in-a-lifetime transformations." - James Clear**

Growth is not a one-time event. It's a continuous loop of learning, doing, failing, and improving. It's built on small, smart choices made consistently. Let's make this your First Step Today: Choose one idea from this article that you could relate with. Apply it now! Before you move on to the next page or idea. If you were able to do that, let's celebrate the beginning of a new habit together. Celebrating wins is one habit I have taken up this year. You'd like to help me with that, right?

■■■■■

- Rtn. Omraj Rajan

## Upcoming Projects

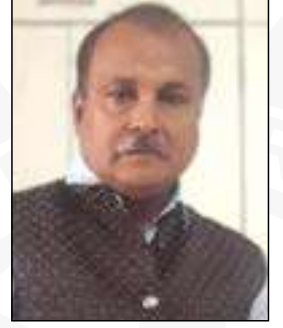
**RCDE TITEN Year - JULY 2025**

Date	Description	Avenue	Project Director	Project chair
1-Jul-25	Plants @ RB & Railway Police Ground, Thakurli	Environment	Rtn. Vijay Sonawane	Rtn. Vijay Ghodekar
1-Jul-25	Blood Donation RCDE Rotaract @Guardian College & Thalassemia Awareness by PP Dr. Madhav Baitule	Medical	Rtn. Vijay Sonawane	Rtn. Vijay Ghodekar
1-Jul-25	CA Day & Doctors Day	Vocational	Rtn. Manas Pingle	Rtn. Vardhaman Patil
2-Jul-25	Installation	Meeting	PP Dilip Katekar	Rtn. Manas Pingle
4-Jul-25	First TiTEN BOD Meeting	Club Service		
6-Jul-25	Tulsi saplings distribution at Regency Anantam on Ashadhi Ekadashi Day	Environment	Rtn. Vijay Sonawane	Rtn. Vijay Ghodekar
9-Jul-25	General Body Meeting & Budget Presentation	Club Service		
12-Jul-25	रोटरी सखी संवाद - First Ann's interaction of TiTEN year	Rotary - Fellowship	First Lady Ann. Manjiri Gharat	Ann. Mugdha Agte
16-Jul-25	Club Assembly	Club Service	PP Dilip Katekar	Rtn. Vishram Paranjpe
20-Jul-25	Monsoon Picnic @ Badlapur	Club Service-Fellowship	Rtn. Rajendra Joshi	Rtn. Ashok Tirusvaskar
23-Jul-25	टाटा एक व्यक्ति - Ratan Tata वक्ते -श्री माधव जोशी	Club Service	PP Dilip Katekar	Rtn. Vishram Paranjpe
26-Jul-25	Interact Installation + RYPEN Theme Inauguration Service	Partners in	Rtn. Dhanashree Mone Rtn. CA Santosh Prabhudesai	Rtn. Akshada Pawar
30-Jul-25	मुंबई मेरी जान् -सौ अलका जोशी	Club Service	PP Dilip Katekar	Rtn. Vishram Paranjpe

# My Rotary Experience

## माझी रोटरी यात्रा आणि माधव सरांविषयी काही.....

माझ्या रोटरी प्रवासाची सुरुवात झाली, ती एका प्रेरणादायी व्यक्तिमत्त्वामुळे - आपल्या प्रिय माधव सरांमुळे. माधव सर म्हणजे संयम, समजूतदारपणा आणि सर्वांना सामावून घेणारी सकारात्मक ऊर्जा. मी त्यांना अगदी जवळून पाहिले आहे. त्यांनी कधीही कुणावर राग व्यक्त केला नाही, उलट सर्वांना समवेत घेऊन, एक कुटुंब म्हणून रोटरी कार्य केले. त्यांच्या कार्यकाळात त्यांनी प्रत्येक कार्यक्रमात स्वतःची शंभर टक्के उपस्थिती, मेहनत आणि समर्पण दिले आणि त्यांचा कार्यकाळ यशस्वीपणे पूर्ण केला, याचा मला खूप अभिमान वाटतो.



रोटरी म्हणजे काय, त्यामागची भावना, मूल्यं, उद्दिष्टं - हे सगळं मला समजावून सांगण्याचे काम माधव सरांनीच केलं. त्यांच्या मार्गदर्शनामुळेच मी आपल्यासारख्या हसतमुख, प्रेमळ आणि ऊर्जावान रोटेरियन कुटुंबाशी जोडला गेलो. रोटरीमध्ये माझे हे काही महिने नवीन होते, पण मी मनापासून जमेल तसे सहभाग घेतला आणि त्यातून अतिशय सकारात्मक, आनंददायी अनुभव मिळाला. खरं सांगायचं झालं तर, रोटरी ही केवळ संस्था नाही, तर एक जीवनशैली आहे. इथे आपल्याला संकटाच्या क्षणी धावून येणारे मित्र मिळतात, सुख-दुःखात साथ देणारे सहकारी मिळतात, आणि वर्षभर रंगलेला उपक्रमांचा बहारदार प्रवास मिळतो - जो खरोखरच अनमोल आहे.

मी सर्व रोटेरियन बांधवांना एक विनंती करतो - मनात कोणतीही भावना न ठेवता, निःस्वार्थपणे, समर्पित भावनेने रोटरीच्या कार्यात सहभागी व्हा. तुमचे योगदान केवळ समाजासाठी नाही, तर स्वतःच्या आत्मिक समाधानासाठी असेल. रोटरीमध्ये नुकसान नाही - केवळ अनुभव, आनंद आणि समाधान यांचा भरलेला खजिना आहे.

माझ्या या प्रवासात मला ज्यांनी-ज्यांनी समजून घेतलं, पाठिंबा दिला, कार्यक्रमात सहभागी करून घेतलं - त्या सर्वांचे मनापासून आभार. प्रत्येकाचं नाव घेणं इथे शक्य नाही, पण मी भेटलेला, जोडलेला प्रत्येक रोटेरियन माझ्या मनात आहे आणि कायम राहील. काही जणांना वाटतं की मी श्रीमंत आहे - आणि हो, मी खरोखरच श्रीमंत आहे - मनाने आणि दिलाने. माणूस जेव्हा दिवसरात्र मेहनत करतो, ते केवळ कौटुंबिक समाधानासाठी. आणि रोटरी हे माझं दुसरं कुटुंब आहे. त्यामुळे मी शक्य तितकं योगदान देतो आणि त्यातून जो आत्मिक आनंद मिळतो, तो कुठल्याही मोजमापाच्या पलीकडचा आहे.

सामाजिक कार्याची आवड ही माझी ओळख आहे आणि रोटरीने ती ओळख अधिक समृद्ध केली. भविष्यातही मी रोटरीच्या विविध उपक्रमांमध्ये जसे जमेल तसे, मनापासून सहभागी होत राहीन.

शेवटी, माझ्या मनात आहे एकच गोष्ट - रोटरीला वेळ दिलात, तर रोटरी तुमचं आयुष्य समृद्ध करते.

जय हिंद, जय भारत!

- रो. राकेश मेहता

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## RCDE - Fellowship Groups

### 1. Equity Fellowship Group

Contact for joining - Rtn. CACS Mukund Sabale (9320257799), Rtn. Aadish Mone (9833598450)

### 2. Rotary Karaoke Group

Contact for joining - PP Dilip Katekar (9820443708), PP Dr. Vijay Aage (9820038098)

### 3. Rotary Cycle Group

Contact for joining - PP Santosh Bhangre (9223515030), Rtn. Ajit Shirwalkar (9821228029)

### 4. Rotary Bird Watchers Fellowship Group

Contact for joining - Rtn. Dr. Mahesh Patil (9004600396), Rtn. Ashish Bobade (9967435795)

### 5. Rotary साहित्य रसिक मंडळ

Contact for joining - PP Dilip Katekar (9820443708)

### 6. Rotary Carrom Group

Contact for joining - Rtn. Chakrapani Shukla (9516007666)



# Leadership

## Sportsmanship in Cricket – A Rotary Reflection

In the world of cricket, sportsmanship is the invisible thread that elevates the game beyond scores and statistics. It is in this spirit that players like Kane Williamson, captain of the New Zealand cricket team, shine not just as athletes, but as role models. Known for his calm demeanour and unwavering fairness, Williamson embodies integrity—a core Rotary value. From congratulating opponents after heartbreaking losses to leading his team with humility, he reminds us that character matters as much as talent. He is known to apologize to the umpire every time he reviews a decision. What an incredible act of humility and sportsmanship!



Sachin Tendulkar, often nicknamed the “God of Cricket”, offers another shining example. In an era dominated by fierce competition, Tendulkar's decision to walk off the field when given not out—because he knew he was—demonstrated an unflinching commitment to truth and ethics. It's the same moral compass that Rotarians uphold in our professional and personal lives. Adam Gilchrist is yet another such example.

Rotary's values naturally encourage sportsmanship. Rotary's moto “Service above self” teaches us to rise above ego. Integrity fosters fairness. Leadership calls for grace in both victory and defeat. Fellowship nurtures respect. And finally, diversity, equity and inclusion teach us to embrace different playing fields, perspectives, people and opinions with the same spirit.

Through its Youth Service programs, Rotary helps instill the values of fairness, respect, and integrity early in life—nurturing young leaders who embody sportsmanship both on and off the field. The Rotary Club of Dombivli East stands as a shining example, not only honoring the spirit of sportsmanship but actively promoting it through impactful service initiatives. Its flagship event, *Dombivli Olympics*, exemplifies this commitment, along with other inspiring projects like *Run2Care* and *Balmela*. I had the privilege of serving as Director of Youth and NextGen avenues in Rotary Years 2022–23 and 2023–24 respectively—an experience that allowed me to witness and foster the true essence of sportsmanship in action.

*Across all sports, from cricket to football to tennis, we celebrate moments when players choose principle over glory. These acts resonate deeply with our mission as Rotarians—to lead with values, build goodwill, and serve with dignity.*

**Let's carry this spirit into every field we play on—be it in sport, service, or life.**

- Rtn Aadish S Mone

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# Awesome year (2024-25)





# Medical Expert

## पुनर्वसनाचे महत्व !!

जेव्हा एखादी व्यक्ती ही दीर्घकालिन उपचार लागणाऱ्या कुठल्याही आजारासह जगत असते वा समस्येसह पण जगत असते तेव्हा ती व्यक्ती व घरचे/केअर गिव्हर्स हे वेगवेगळ्या मानसिक आंदोलनातून जाऊ शकतात किंवा जान असतात. हा आजार / विकार मलाच एकट्याला/एकटीला का झाला, किती काळ घ्यायचे उपचार, जाऊ दे सोडून घेऊ या, बाकीचे काय म्हणतील माझ्याबद्दल, अशी इनकी काळ औषधे घेतनी तर शरीरावर दुष्परिणाम झाले तर/होतील. औषध घेऊन काय आजार तर बरा होणार नाहीच आहे, कायम घेतच राहायचं आहे असे नानाविध नकारात्मक विचार, प्रस मनात त्या व्यक्तीच्या घोघावत राहतात. मग एकतर औषधे बंद तरी केली जातात, डॉ. बदलले जातात पण मग तशीच दुसरी औषधेच मिळतात किंवा नको ते अशास्त्रीय, अंधश्रद्धात्मक उपाय मनाने करून पैसा वाया घाळवला जातो व परिणामी आजार वाढण्यात होते.



तर केअरगिव्हर्सना पण वर लिहिलेले प्रश्न येतातच, शिवाय याचे/हीचे पुढे कसे होणार कारण बऱ्याच रुग्णांचा आजार किशोरवयाच्या आस घास सुरु झाल्यामुळे शिक्षण, नोकरी वगैरेवर परिणाम झालेला असतो, आमच्यानंतर कोण सांभाळ, लग्न आदी चिंता भेडसावत रहातात. त्यामुळे त्या ताणामुळे त्यांच्याही शरीरावर, मनावर परिणाम होतो/ होऊ शकतो.

या सर्वांमुळे या सर्व रुग्णांना ज्यांना आम्ही शुभार्थी म्हणतो (बरं होण्याच्या, शुभं होण्याच्या मार्गावर असलेले) व केअरगिव्हर्सना, त्यांना आम्ही शुभंकर म्हणतो, म्हणजे ज्यांचे मदतीचे आश्वासक हात त्यांना शुभ पंथावर नेण्यास मदत करतात; या दोन्हींना आधाराची एकमेकांच्या आधाराची, व स्वतःच स्वतःला मदत कशी हे शिकवणाऱ्या स्वमदत किंवा सपोर्ट ग्रुप्सची गरज असते. या गटामुळे आपण एकटे नाही, आपल्यासारखे इतर आहेत हे कळते. तसेच दुःख वाटव्याने हलके होते, इथे समदुःखींमध्ये व्याख्याने तर अधिकच हलके होते कारण समजून अगदी सहज घेतले जाते.

या गटामुळे आजार/विकार बरा जरी होत अस नसान तरी त्याची तीव्रता, लसणीची वारंवारता, कमी होते व कार्यक्षमता वाढील लगेत, तर शुभंकरांचाही ताण हल्का साळ्यामुळे तणाव नियोजन छान झाल्यामुळे केअरा पण सकारात्मक व स्वीकारात्मकहेच उद्देश डोळ्यासमोर ठेवून आमचा मनोदय ट्रस्ट गेली अनेक वर्षे विविध मनो विकारांसह जगणाऱ्या शुभार्थींसाठी व त्यांच्या शुभंकरांसाठी असे स्वमद गट चालवत आहे, पूर्णपणेये मोफत! यान तुम्ही इतर डॉक्टरांकडे उपचार घेत असाल तरी ग्रुपपुरते नक्कीच. सहभागी होऊ शकतात असे गट चालवणारी मानस व मनोदय ही महाराष्ट्रातील दुसरी संस्था आहे. 1 PH नंतरची!

**फिनिक्स :** हा व्यवसाय पुनर्वसनगट अहि स्किझोफ्रेनिया, ऑटिझम, बायपोलरचे जे रुग्ण काय करू शकत नाहीत किंवा नोकरी करत नाहीत त्यांचे पुनर्वसन करणारा व एम आय डी सी मधील सुदर्शन नगर येथे सोमवार ते शुक्रवार रोज १२ ते ४-३० मध्ये भरतो. यात रोज २५-३० शुभार्थी येतात त्याच्या नेण्या आणण्याची व्यवस्था मोफत केळी गेली आहे. गेली १७ वर्षे सातत्याने (कोविडकाळात ऑनलाईन चालू) हा गट कार्यरत आहे. यात शुभार्थींना योगा, डान्स थेरपी दिली जाते. समुपदेशक यांच्या वेगवेगळ्या ऑक्टीविटीज घेतात, मग काहीजण कागदी पिशव्या बनवणे, काही जण चिवडा, पीठ बनवणे, काही जण शिवणकाम, भरत काम करतात. त्या सर्व वस्तु आम्ही विविध ठिकानी विक्री करतो, प्रदर्शनात विक्री करतात व त्यातून येणारा पैसा हा शुभार्थींना त्यांच्या क्षमतेप्रमाणे व उपस्थिती प्रमाणे दरमहिना प्रोत्साहन वेतन म्हणून दिल जातो! त्यांना संगणक प्रशिक्षणही दिले जाते. तसेच यांच्या साठी पण उपलब्ध करून दिले आहे. तसेच विविध विषय देऊन त्यावरचे ई-मॅगझिन सुद्धा ते काढत असतात. थोडक्यात सर्व तऱ्हेने नोकरी करण्यायोग्य बनवण्याचा प्रयत्न केता जातो. दीर्घ आजारा मुळे ते एकलकोंडे, आळशी, आत्मविश्वास गमावलेले, बौद्धिक कौशल्यांवर ही परिणाम झाल्यामुळे हुशारीवर गंज चढलेले असे झालेले असतात, त्यातून त्यांना बाहेर कारणे हे अवघड काम करून त्या रात्वेतून त्यांनी फिनिक्स सारखे उडान भरावे हा उद्देश आहे या गटाचा! व असा हा महाराष्ट्रात फक्त चारठिकाणी चालवला जातो. ज्यापैकी एक फिनिक्स सेंटर !

**उडान :** स्किझोफ्रेनिया सारख्या दीर्घ आजारासह जगताना स्वताच्या जिद्दीने विकास साधला आहे व नोकरी, व्यवसाय करत आहेत, त्यांनाही आयुष्यात जे ताणतणाव येतात त्यांचा सामना करताना पुन्हा आजार वाढू नये, व इतर जीवन कौशल्येपण विकसित व्हावी या उद्देशाने उडान भरलेल्या शुभार्थींचा हा स्वमदत गट याची मिटींग दर महिन्याच्या तिसऱ्या रविवारी सकाळी १०.३० वाजता असते. हा गट देखील गेली बारा वर्षे सातत्याने सुरु आहे व २०-२५ जण याचे सभासद आहेत हा पण मोफत आहे.

**आधारवड :** स्किझोफ्रेनिया व इतर दीर्घ आजारांसह जगणाच्या शुभार्थींच्या शुभंकरांचा हा स्वमदत गट. दर महिन्याच्या दुसऱ्या शनिवारी ५ वाजता यात्री मिटींग असते. त्यांचे नणाव नियोजन, व त्याचबरोबर ज्ञम्ब आजाराविषयी / मन आरोग्याविषयी तज्ञांचे मार्गदर्शक मनोरंजनाचे कार्यक्रम घेतले जातात. हा गटही मोफत असून गेली १७ वर्षे अव्याहत चालू आहे, २५-३० जण याचे सभासद आहेत.

**चिंतन :** मंत्रचळेच्या किंवा obsessive compulsive disorder हा पण एक जास्त आढळणारा, दीर्घकाळ चाळणारा विकार. त्यासह जगणाच्या शुभार्थींची 'चिंतन' कमी करणारा, व जीवन कौशल्ये विकसित करणारा हा स्वमदत गट ! दर महिन्याच्या पहिल्या शनिवारी ५ वाजता याची मिटींग असते. हा पण गट मोफत चालतो याचे १५-२० जय सभासद असून गेली १२ वर्षे हा गट सातत्याने चालू आहे.

**इंद्रधनुष्य :** बायपोलार डिसऑर्डर हा पण अनेकांना होणारा दीर्घकालीन विकार ! हर्षोन्माद व नैराश्य या दोनच रंगाची त्यांच्या आयुष्यात अदला बदल चालू असते त्याऐवजी सुंदर सप्तरंगी आयुष्य त्यांना अनुभवायास मिळावे या उद्देशाने त्यांचे शेअरिंग, स्थिर मुड ठेवण्याचे कौशल्ये शिकवने व तणाव नियोजन आदी मोड्यूसवर या गटात चर्चा. हा गट ऑनलाईन चालतो. याचे पण १०-१२ सभासद असून गेल्या दोन वर्षांपूर्वी हा सुरु करण्यात आला दर महिन्याच्या दुसऱ्या शनिवारी याची ५ वाजता ऑनलाईन मिटींग असते हा पण मोफतच चालतो.

**उत्तररंग :** अल्झायमर्स / डिमेंशिया या विकाराने ग्रस्त रुग्णांची काळजी घेणे हे एक शिवधनुष्य पेलण्याएवढे अवघड काम व स्वतःचे काम सांभाळून ते करणे वर अधिक ताणाचे त्यांमुळे अशी काळजी घेणाऱ्या सर्व शुभंकरांचा हा स्वमदत गट. ही काळजी घेण्याची कौशल्ये, आपल्या अनुयायांचे शेअरिंग, तणाव नियोजन, तज्ञ मार्गदर्शन अशी सत्रे घेतली जातात. हा गट ऑनलाईन दर महिन्याच्या चौथ्या शनिवारी चालतो. गेल्या आठ वर्षांपासून सुरु असलेला हा गट मोफत चालवला जातो. अधिक माहिती व सहभागासाठी

संपर्क: ९८६९७१२६५२/९८२०४५१९१६

– रो. डॉ. अद्वैत पाध्ये

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## RCDE Spotlight

**Annet Swara Limbekar**, daughter of

**Rtn. Dhananjay and Sangita Limbekar**, recently graduated from the University of California, Irvine with a Master's degree in Biotechnology. She completed her schooling at Sister Nivedita School in Dombivli and her junior college at Dnyanganga Junior College in Thane. She then pursued her undergraduate degree in Bioengineering at MIT-ADT University in Pune, graduating with first-class distinction. Later, she moved to Irvine for her master's program. Always curious about cancer research, Swara joined a cancer research lab where she worked on treatments for rosacea. At the end of her two-year master's program, she successfully defended her thesis and qualified to graduate. Alongside her studies, she also worked part-time as a Teaching Assistant at UCI. After juggling her classes, research, and TA duties for two years filled with challenges and hard work, she finally graduated on June 13, 2025, with her Master's degree in hand.



# Life & Education

## Understanding the Interconnection between Life and Education

The relationship between life and education is deeply interwoven, as education serves both as a reflection of life and a preparation for it. This concept is eloquently captured by philosopher John Dewey, who asserted, "Education is not preparation for life; education is life itself."

John Dewey emphasized that education should not be viewed merely as a preparation for future life but as an integral part of life itself. He believed that learning occurs through experiences and that education should be rooted in real-life situations to be truly meaningful. This perspective underscores the importance of integrating life experiences into the educational process to foster holistic development.



**To effectively integrate life and education parents can adopt the following six-stage approach:**

### 1. Engage Through Real-Life Observation

- Parents naturally notice their child's interests and day-to-day actions and these become the starting points for guided learning. Dewey saw education as "taking hold of child's activities, giving them direction" rather than imposing content.
- For instance, a child's fascination with plants can prompt gardening projects at home, linking biology with caring for living things.

### 2. Balance Short-Term Skills with Long-Term Aspirations

- At home, parents help frame daily tasks like homework and chores as steps toward future goals such as budgeting and responsibility.
- Teaching that fractions help in cooking or budgeting blends immediate learning with real-world purpose.

### 3. Link Curriculum to Everyday Tasks

- School lessons in reading, math, and science are rooted in daily life—students count ingredients in a recipe, measure dimensions while building, and discuss energy transfer during cooking.
- John Dewey emphasized that true learning happens by doing within the context of family or community life, not through passive classroom instruction

### 4. Create Hands-On, Home-Based Experiential Projects

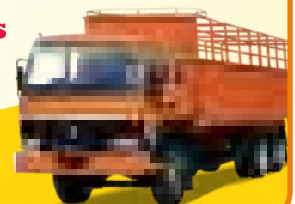
- Parents can organize cooking sessions, DIY repairs, and small science experiments to transform the home into a real-life learning laboratory rooted in practical activity and inquiry.
- At home, Dewey's model of the "laboratory school" comes to life as children tackle genuine problems and reflect on their experiences, blending theory and practice seamlessly.

### 5. Foster Social & Reflective Learning

- Family discussions, collaborative projects, and chores teach communication, teamwork and civic-mindedness is the core values in Dewey's educational philosophy



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- Reflection through prompts such as “What did you learn? What surprised you?” helps children internalize lessons and develop critical thinking skills.

#### 6. Incorporate Life Skills into Home “Assessment”

- Instead of tests, parents encourage reflective conversation: “How did you solve that challenge?” or “What would you do differently next time?”
- This reinforces Dewey's idea that true education occurs through reflective experience, not rote memorization.

#### Home-Based Life-Oriented Teaching Plan for Parents

Stage	Parental Action	Home Example
1. Survey Needs	Notice interests, reflect in conversation	Ask about favorite activities—art, nature, stories
2. Prioritize Goals	Help set near-term (e.g., tidy space) and long-term (e.g., artist, chef) objectives	Use checklists or vision boards
3. Connect Curriculum	Relate school subjects to home activities	Use geometry when measuring for crafting
4. Plan Skill-Building	Design weekly hands-on plans	Bake, garden, build small models
5. Ensure Experiential Learning	Field trips, home-based projects	Visit a local garden or museum
6. Embed in Assessment	Reflect on achievements & setbacks	Regular “learning talks” at dinner time

#### Why This Approach Works

- **Education is Lived:** Aligns with Dewey's belief that learning should be embedded in lived experience—home as the primary classroom
- **Active Learning:** Reinforces that children learn best by doing, experimenting, and problem-solving—not passive reception.
- **Reflective Practice:** Supports growth through reflection—encouraging children to think about their thinking and actions.
- **Parents as Facilitators:** Underlines the role of parents as guide, mentor, and co-learner, not authoritarian transmitter.

By adopting a Deweyan approach at home, parents become true life-educators—transforming everyday moments into rich learning experiences. Through **guidance, activity, reflection, and connection**, children not only learn academic skills but also develop into curious, capable, and socially responsible individuals—living the essence of education: **life itself**. This holistic perspective ensures that education remains relevant, engaging, and transformative, truly embodying the essence of life itself.

- Rtn. Joseph Goshi

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# Case Study

## ISRO

**Created a world record by launching 104 satellites in one year, 2017.**

**First organization to reach MARS in first attempt, overall, fourth after NASA, Soviet agency and European agency**

**Joins an elite nations - including the US and China, to have accomplished a soft land on Moon**



Future projects -- to name a few -- Gaganyaan-first human spaceflight program, Bharatiya Antariksha Station -India's first space station, Venus Orbiter Mission (Shukrayaan)-study the atmosphere of Venus



**Only one name echoes "Indian Space Research Organization".**

I remember Akshay Kumar in movie " Mission Mangal" humorously mentioning the institution as Impossible Space Research Organization. Impossible is for numerous feats accomplished by ISRO.

*From humble beginning - transporting rockets parts in cycle, satellite being taken on bullock carts to launching first rocket from St Mary Magdalene Church, Thumba to Executing projects - Chandrayaan series, Mangalyaan*



*There have been a failures in this journey -- from SLV-3 Failure, INSAT-1A, GSAT-6A to partial failure in chandrayaan 2. But has these failures stopped ISRO ?, no it has not.*

*It has made them to consolidate their position to keep learning from failures, to excel and come back.*

When I took a step back, I realized this is kind of an epic, or a school of thought, which can give us life lessons –

- **Be Patient and reap the fruits** - from humble start, with country facing food shortages, no resources and capabilities - to building launching capabilities. ***This teaches us to be patient, work hard, put all efforts and be focused.***
- **Brave and Bold** - The early founders of the Space program dared to dream big in a newly formed nation which was finding it difficult to feed its population. Their vision was to develop and use space technology for national progress, planetary exploration and space research. with unwavering faith in the importance of their dreams. ***This teaches us to dream big, be courageous and bold in our actions, and have faith towards your goals and country.***
- **Blame free culture** - I read a old news article - that when SLV 3 failed, it was Dr Dhawan, then head of ISRO accepting the failure in front of press. ( Dr Kalam was Project Director - I was surprised ). ***This teaches us to be responsible leaders, to accept failures rather than blame others. Be retrospective in action and don't be judgmental.***
- **Long term vision** - their failures are stepping stones to long term success. Their bigger picture is --- progress over decades rather than a singular missions. INSAT-1A failures earlier led to ISRO reliance and success in INSAT-1B and later telecom satellites. ***Have a vision, work hard and be resilient, don't celebrate early, rather be humble and learn. I would rephrase it as "Learn - Unlearn - Relearn"***
- **Indigenous innovation, frugal** -ISRO frugal, cost effective method of launching satellites by indigenous technology, simple designs and supply ecosystem. This was demonstrated by Mangalyaan mission - mars orbiter mission (cheaper than Gravity - a Sci-Fi Hollywood movie) -- ***Be Resource efficient, don't be spendthrift, value money and resources available, be sustainable, respect nature.***

and Last "Hope" - In Movie Mission Mangal- at the end, when the scientists, including Lead Rakesh Dhawan felt that they have lost their connection with the satellite, but it was hope that lifted spirit of the team.

Similarly, after Chandrayaan 3 soft landing on Moon, it was great moment for all of us. I remember watching it on our conference room at my office.

So last, ISRO connects all of us, and make us proud Bharatiya - gives us Human Touch.

- Rtn. Nikhil Bhat

## Local Historical Places

### Shiva Temple, Ambernath

Somnath, Mallikarjuna, Mahakaleshwar, Omkareshwar, Vaidyanath, Bhimashankar, Nageshwar, Trimbakeshwar, Grishneshwar, Kedarnath, Kashi Vishwanath, Rameshwaram. These are jyotirlingas in Bharat.



#### Symbol of Lord Shiva Divine presence in form of "Pillar of light"

Few days back, I was discussing with my colleagues on history of Mumbai and other suburban's places nearby. One of the interesting places I came across was Shiva temple, in Ambarnath and I was able to find out lot of interesting facts about this "Puratana Shivalaya Temple", 2 kms from Ambarnath station, Shiv temple stands as a testimony to varied influence of Indian Culture, Traditions and Architecture.

The temple is situated on the banks of River Waldhuni.

Temple is also called "Ambreshwar Shiva temple". There is a

belief that "Ambarnath" gets its name from these famous Shiv temple.

Local legends say that temple was constructed by "Pandavas" of Mahabharata in a single night with a single huge mass of stone. These might have been constructed during Pandavas agyatvaas and they were not able to complete the entire temple, mainly Shikara.

But historians and records state that this temple was constructed by Shilara Dynasty in 1060 AD. I was surprised this is such an ancient temple, with glorious past and connected to Mahabharata.

One weekend morning, I visited the temple and got mesmerized with beautiful carvings and sculptures.

I have visited Shiv temples in Southern India, and what completely made me realize the distinction was:

- There is a carving of Lord Brahma in temple outer wall, suggesting that the temple existed before common era
- There is a unique idol - "Hari-Hara-Pitamaha-Surya" which displays combined form of Lord Shiva, Lord Vishnu, Lord Brahma and Lord Surya
- Garbagriha is situated 20 steps below ground with Linga in "Swayambu" form
- Surprisingly there are two Nandi's at the entrance
- Temple has an open roof design, suggesting that "Ambreshwar temple" might have got name from "Ambar" which in sanskrit means sky

#### Surrounding area near temples brings lot of interesting facts –

- There is a kund close to the temple which has a hot water stream whose origin has not been found
- Mile long geological cave whose opening has now been closed which leads to the ancient forest of Panchavati







There is 4 day festival during Mahashivratri with devotees coming from across Maharashtra

In 2024, State Government allocated 150 Crs for beautification and restoration of 11th Century temple. Black stones will be used to beautify the entire premises. An exhibition centre, amphitheatre, Dharmashala, stadium and ghat on river bank is been planned.

As a Dombivlikar, I request people to visit this cultural place with your family, and respect our monumental legacy by motivating fellow's to visit it .

- Rtn. Vishal Saruk

## Rotaract Corner

Warm Rotaract Greetings to all the Rotarians and Anns of the Rotary Club of Dombivli East, I, Rtr. Sanket Bhanage, the Immediate Past President of the Rotaract Club of Dombivli East, extend my heartfelt gratitude to each and every one of you for your unwavering support and encouragement throughout my presidential year.

It gives me immense pleasure to share that our club has been honored with the Best Partner in Service Relations Award at the Rotaract District Awards Ceremony. This recognition would not have been possible without the tremendous guidance, collaboration, and support from our esteemed Rotarians, especially IPP Rtn. Madhav Singh, Rtn. Chakrapani Shukla, Rtn. Dr. Hemish Joshi, Rtn. Dr. Anita Yadav, Rtn. Anuj Yadav, Rtn. Yogesh Pore, Rtn. Arun Ashtikar, Rtn. Ramesh Gupte, Rtn. Jyotsna Bhise, Rtn. Samiksha Sanap, Rtn. Ganesh Jagdishan, Rtn. Rajan Saware, Rtn. Dr. Mahesh Patil, Rtn. Chandrashekhar Shinde, Rtn. Avinash Garibe, and most importantly, Rtn. Santosh Bhanage.

Your acceptance of our proposal for inclusion in the Global Grant, involving us in Partner in Service (PIS) project planning from inception to execution, and your support in one of my most cherished initiatives, the RUN2CARE Marathon, truly exemplify the spirit of service and collaboration.

Together, we successfully executed more than 10 impactful projects from 1st July 2024 until the last week of June 2025. It has been an enriching experience working alongside all of you, and I carry forward many valuable learnings from this journey.



Many of you have known me since childhood, and the bond we've nurtured over the years was clearly reflected in the seamless execution of these projects and the unwavering support you extended to me and our club.

Once again, I sincerely thank all the members of the Rotary Club of Dombivli East for your continued support. I look forward to sustaining this beautiful association and reaching greater heights together in the years to come.

With deepest gratitude,

**Rtr. Sanket Bhanage**

Immediate Past President  
Rotaract Club of Dombivli East



# RCDE Fellowship

## Wings of Fellowship:

### How Bird Watching brought our Club Closer

Fellowship is one of the strongest pillars of Rotary. It goes beyond meetings and projects—it is about building meaningful relationships, forming bonds, and creating memories that keep members connected to each other and the Rotary mission. One such beautiful and unique initiative of our club has been the “Bird Watching Fellowship”. Since its early days, this fellowship has played a key role in welcoming and connecting members, especially the new ones. Watching birds in their natural habitat, walking through forest trails, gliding over calm waters on boat rides—these shared experiences have given members a chance to slow down, talk, laugh, and form lasting friendships.



We have explored the lush surroundings of Dombivli through bird walks, nature trails, forest visits, and boating excursions. These outings are not just refreshing escapes from our busy lives, but also eye-openers to the rich biodiversity that thrives silently around us. Many members have been amazed to discover the wide range of flora and fauna in our own backyard—something they had never noticed before.



The Bird Watching Fellowship has also inspired action. Just recently, around 30 members came together to make seed balls as part of a record-setting environmental project. This was a proud moment—not just for the achievement, but because it was born out of the awareness and love for nature that these fellowships have nurtured.

Fellowships like these create a sense of belonging. They help members feel seen, heard, and valued. In Rotary, where service and friendship go hand in hand, such activities strengthen our commitment—not just to each other, but to the world we serve.



As we look ahead, we hope to expand these experiences—inviting more members and families, discovering more hidden natural treasures, and doing our bit for the environment. The Bird Watching Fellowship is not just about birds; it's about bonding, learning, growing, and cherishing the beauty of life—together.

Let's keep the spirit flying high—just like the birds we watch—with curiosity in our eyes and compassion in our hearts.

- Rtn. Dr. Mahesh Patil

## रोटरी बर्ड वॉचर्स ग्रुपला दीड वर्षात डोंबिवलीत आढळले १७० पक्षी

ई-बर्ड या आंतरराष्ट्रीय फोर्टलवर पक्ष्यांचे फोटो, सविस्तर माहिती उपलब्ध : अहवालाचे मान्यवरांच्या हस्ते प्रकाशन, वस्तुस्थिती मांडण्याचा प्रयत्न

डोंबिवली, दि.१५ : आजकाल जगभरातच ई-बर्ड या वेबसाइटवर पक्ष्यांच्या फोटो, सविस्तर माहिती उपलब्ध आहे. या वेबसाइटवर पक्ष्यांच्या फोटो, सविस्तर माहिती उपलब्ध आहे. या वेबसाइटवर पक्ष्यांच्या फोटो, सविस्तर माहिती उपलब्ध आहे.

डोंबिवली, दि.१५ : आजकाल जगभरातच ई-बर्ड या वेबसाइटवर पक्ष्यांच्या फोटो, सविस्तर माहिती उपलब्ध आहे. या वेबसाइटवर पक्ष्यांच्या फोटो, सविस्तर माहिती उपलब्ध आहे.



# Fun Time



## Down

1. Dynasty used "Tiger" as royal emblem. "Brihadisvara Temple at Thanjavur" was constructed during their rule.
2. Movie inspired by life of Syed Abdul Rahim, the legendary Indian football coach, during the golden era of Indian football of 1952-62
5. Dynasty played a crucial role in making "Magadha" as dominant power in India. Lord Buddha and Lord Mahavira were contemporaries of this Dynasty. The 1966 Movie "Amrapali" was based on Life, Politics, Wars of this dynasty
6. He was "Marshal of the Air Force". Only officer to held this Rank.
8. Dynasty in North Eastern part of India, resisted Mughal incursions in 17th Century. Ruled present day Assam for approx 600 years
10. Name of Vedic diety, Name for India's range of Ballistic missile.
12. Capital of Ladakh. It houses "Lachen Palkar palace" former house of Royal family of Ladakh, similar in style to Potala palace in Tibet
14. One of the original seven islands of Mumbai, served as capital of King Bhimdev, known as Mahikawati. Elephant stables were present during King Bhimdev reign
15. This corporate group - started as a trading company with capital of Rs 21,000. In 1870, bought a bankrupt oil mill at Chichpokli and converted into a cotton mill, Alexandra Mills. After four years, Empress Mills was set up in Nagpur
16. Name of this cricketer, who made a guest appearance in Movie "Maalamal", Known as "Little master", Starred as a lead role in "Saavli Premachi"
17. Lord Parashuram is credited with creation of this region, "Gods own country". Centre of trade for spices, important connections with Roman, Greece and middle eastern empires.

-Rtn. Rithikka M. Kunder

## Across

3. His statue is displayed at the Royal Australian College of Surgeons (RACS) in Melbourne, Australia
4. Earlier recorded names - Jambudwaipa, Tianzhu, Gyagar
7. He calculated pi ( $\pi$ ) to be 3.1416, a very close approximation for his time, India's first satellite
9. Gerard de Cunha famous Architect is a ..., Manohar Parrikar, India Ex Defence Minister during surgical strike is a .... (native to a state)
11. "Rasipuram Krishnaswami.....created ", daily comic strip " You said it" and "Common Man"
13. India's highest film honour named after him, shot his films on a small platform (8x8 feet) with limited resources. He cast a man in the lead female role in Raja Harishchandra (India's first full-length feature film)
18. Couplets from this famous Sant and poet - 'गुरु गोविंद दोनों खड़े, काके लागू पाँय', पोथी पढ़ि-पढ़ि जग मुवा, पंडित भया न कोय, ढाई आखर प्रेम का, पढ़े सो पंडित होय.

Please mail your answers to [rcde.publications@gmail.com](mailto:rcde.publications@gmail.com) Winners will be awarded



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## Secretary's Desk

Hope your special day brings you all that your heart desires!  
Here's wishing you a day full of pleasant surprises !

- Rtn. Vinayak Agte



### ROTARIAN BIRTHDAYS

Name	Date
Rtn. Madhuri Wagh	02-Jul
Rtn. Krishnakumar Ruia	05-Jul
Rtn. Mithun Patil	05-Jul
Rtn. Ganesh Jagdishan	06-Jul
Rtn. Jyoti Kulkarni	09-Jul
Rtn. Pravin Phadke	11-Jul
Rtn. Vardhaman Patil	16-Jul
Rtn. Shreeranga Mankame	18-Jul
Rtn. Sumeet Yadav	20-Jul
Rtn. Aadish Mone	21-Jul
Rtn. Deepak Nerkar	21-Jul
Rtn. Pradeep Thakur	21-Jul
Rtn. Ashok Poddar	27-Jul
Rtn. Rajesh Chavare	31-Jul

### ANNS BIRTHDAYS

Name	Date
Shalaka Nilesh Soni	1
Varsha Deepak Nerkar	2
Neeta Ajit Shirwalkar	7
Dr. Jay Tripti Kothari	10
Meenakshi Deepak Amrutkar	10
Pratibha Rajkumar Saware	10
Priya Kirankumar Patil	10
Megha Pai Bir	11
Shilpa Yogesh Pore	12
Prachi Ganesh	16
Kalpana Sunil Dumbre	18
Seema Satish Atkekar	18
Asmita Abhay Kulkarni	20
Prachi Mithun Patil	20
Krishna Murali Shetty	24
Pooja Nikhil Pohare	25
Aniket Dhanashree Mone	26
Manisha Dashrath Dongre	27
Komal Chintan Joshi	28
Priyanka Charudatta Pradhan	30

### ANNIVERSARY

Name	Date
Deepak & Meenakshi Amrutkar	7
Dr Sunil Bhalerao	9
Mukund & Swati Sabale	11
Anita & Shashikant Yadav	15
Avinash & Raunaklaxmi Talele	15
Raunak & Avinash Shirsath	15
Amruta & Ganesh Joshi	20
Charudatta & Priyanka Pradhan	20
Ganesh & Amruta Joshi	20
Ashwini & Harshil Bhavsar	13
Ketan & Megha Gandhi	13

### ANNETS BIRTHDAYS

Name	Date
Prathamesh Ajit Kulkarni	1
Nisrag Ketan Gandhi	2
Atharva Santosh Garibe	3
Atharva Deepak Amrutkar	3
Prathamesh Suresh Bhuvad	3
Ansh Jyotsna Salvi	3
Avira Bhushan Chaudhari	4
Dr Arundhati Ramesh Sawant	5
Shreyas Sanjay Joshi	8
Devansh Kalpesh Motta	8
Mayuresh Suresh Bhuvad	10
Rohan Kamalakar Sawant	10
Shailesh Radhika Gupte	10
Gandhar Madhav Chikodi	12
Kajal Rajkumar Saware	12
Shivam Narayan Mane	12
Saumya Murali Shetty	14
Nikhil Sangeeta Pakhale	16
Sumeet Rajesh Yadav	20
Tirtha Vyankatesh Dalvi	20
Kanak Shakti Singh	21
Janahvi Sandeep Kamble	24
Ridhima Nilesh Wani	25
Smitesh Chetan Desai	25
Aditya Dinesh Thokade	27
Aman Madhav Singh	27
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